



**The Crofton  
Uplift!  
Episode Three**

**Presented by none other  
than the Crofton A.V. Club**

Here's some good news!

Good Samaritans Use  
CPR to Revive Baby  
Deer Found Floating in  
the Middle of a Lake

Michael  
Jordan and  
His Jordan  
Brand Pledge  
\$100 Million to  
Black  
Communities

Grads Receive Diplomas  
Aboard Jet Skis After High  
School Refuses to Cancel  
Commencement Ceremony

US Unemployment Rate  
Declines as 2.5 Million  
Workers Return to Work

# IT'S THAT TIME OF THE WEEK... AYVA'S BOPS (AIR-HORN)



# HERE'S SOME SONGS FOR THE ULTIMATE SUMMER PLAYLIST!

The tinder song-victor internet    Looking out for you-joy again

Sugar,we're going down-fall out boy    Doin time-sublime    Summertime magic-childish gambino

Shattered dreams-johnny hates jazz    K-mac demarco    Brown eyed girl-van morrison

You've got everything now-the smiths    Cruel summer-bananarama    Do it-chloe and halle

Edge of seventeen-stevie nicks    All of our yesterdays-mac demarco

Dancing in the street-the mammas and the papas    24/7/365-surfaces    Saturn-riz la vie

Good enough-cyndi lauper    Midnight blues-umi    The end-the doors

Smells like teen spirit-nirvana    Back to you-selena gomez    Havana-camila cabello



HOLD ON TO  
YOUR VISION

“Ya done good kid, ya done good”  
-Ricky, Rocky 3

Here's a collage to end this year  
with positivity-xoxo, Ayva



good things are coming.  
good things are coming.  
good things are coming.  
good things are coming.  
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good things are coming.  
good things are coming.  
good things are coming.  
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You Retweeted

 **dreamweaver**   
@dsteb02

it sounds fake but u really do have a lot of silent lovers on this planet who look at u & wish they had ur smile, ur hair, ur humor, ur manners, ur intentions, ur poise, or are simply cheering u on. some are just too shy to tell u they admire you. remember that when u feel alone

7:39 AM · 4/30/19 · Twitter for iPhone



**SAY THEIR NAMES!!!!!!!!!!!!**

**“There comes a time when silence is betrayal.” Martin Luther King Jr.**

**Breonna Taylor  
George Floyd  
Trayvon Martin  
Tamir Rice  
Emmett Till**

**Only five out of countless  
victims, Remember them and  
Say NO to racism!!!!!!**





A vibrant Pride parade scene with a large crowd of people. In the foreground, several rainbow and transgender pride flags are being held high. The background features a large, classical building with columns and arches, likely a landmark in New York City. A modern skyscraper is visible on the left. The sky is bright and sunny. The text "HAPPY PRIDE MONTH EVERYONE" is overlaid in large, colorful, sans-serif letters across the center of the image.

HAPPY PRIDE  
MONTH  
EVERYONE

# Here are some LGBTQ Flags and their meanings

Brought to you by Cameron Joseph,  
member of the LGBTQ Community



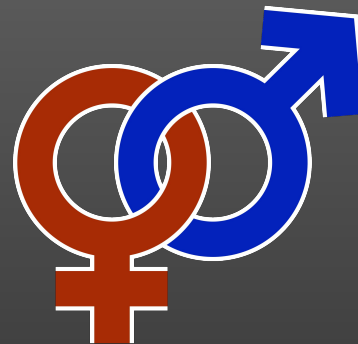
**The Rainbow Flag**

Created in 1978, this flag is the symbol for everyone in the LGBTQ community. Gay refers to anyone who is attracted to the same sex.



**The Transgender Flag**

Created in 1999, transgender refers to someone whose gender identity is different than the one they were assigned at birth (usually transitioning to the opposite gender)



**Cisgender**

Cisgender refers to those who identify as the gender they were assigned at birth



# Here are some memes:

Quarantine be like:

~~SUN~~DAY  
~~MON~~DAY  
~~TUE~~S  
DAY  
~~WED~~NESDAY  
~~THUR~~S  
DAY  
~~FRI~~DAY  
~~SATUR~~DAY

Me after washing my hands for 20 seconds 57 times in one day



When you normally spend all your time at home anyway but now the government says you have to



"Hey Grandpa what happened during the coronavirus of 2020?"

Grandpa:



OTHER JOBS: Closing down because of the coronavirus

MY JOB:



Me when someone wants to hug me in 2020.



Summer 2020 gon be lit



Me: I guess I could handle 4 weeks of quarantine

Government:



# And more...

When you're washing the dishes but then you're neck itches



Me holding in my coughs in public so ppl don't try and quarantine me 😬



me laying in bed at 3 am when i realize should've said something else in an argument i had in 2011



When you're about to go to sleep but your body does that fake fall thing



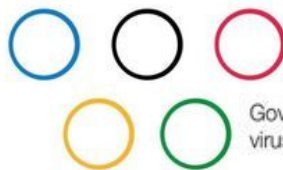
People in horror movies be like



When someone changes the TV volume to an odd number thats not a multiple of 5



2020 Olympics be like:



Government: No one should panic, corona virus is not that serious

Government shortly after:





# ANNND SOME MORE...

Me: \*makes slight detour to get gas\*

Google Maps:



me not studying but also being aware that every second I spend doing nothing is increasing the probability of my failure but still not being bothered to study but still panicking



friend: how long did you sleep for?

me: 8

friend: hours?

me: minutes



When you wake up from a nap and don't know what planet you're on



when you send a screenshot to the person you took the screenshot of



Me: Shut the door on the way out  
Literally everyone:



- hear noises
- pause music
- complete silence
- play music
- hear noises again



# A.V. CLUB, SIGNING OFF!

Hey everyone! This will be the final issue of the Crofton Uplift for the year, and we hope that they've made you smile, laugh, and maybe just lifted your spirits a bit if you were feeling down.

Remember: kindness and compassion are a choice.

You never truly know the full impact that your words and actions have on others, and so make the decision to be a beacon of positivity.

Have a great summer, and keep being you!